

CAP-UK

(CAREER ASCEND PROGRAM FOR THE UK)

PROSPECTUS
2024/25





Professional learning & brilliance

**WE WELCOME YOU HERE AT
PLAB GUIDE ACADEMY
MANCHESTER, UK.**

www.plabguide.co.uk 🔍





OUR VISION STATEMENT

“PLAB Guide Academy aspires to be a leading teaching and training academy for the international medical graduates, based in the UK, recognised by our alumni as a hub of academic excellence, producing highly skilled, professional, empowered, well groomed and values driven clinician to continue their career as doctors in the UK.”





OUR MISSION STATEMENT



Providing quality, accessible education to produce empowered and creative future doctors.



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Director's Message



Dr Rashad H Raza

M.B.B.S.,

M.R.C.S.

Registrar Emergency Medicine

Registrar Neurosurgery

PLAB Trainer

It gives me immense pleasure to bring this amazing programme for the expedited success and career guidance for fresh medical graduates from Pakistan to join the world's top healthcare system in the UK. I am happy to announce that PLAB Guide Academy carved the **CAP-UK Programme** to help the young Pakistani doctors to easily pave their way and build their career in a developed country like the UK. **PLAB Guide Academy** has emerged as a pioneer in providing excellent teaching and training for IMGs from Pakistan, and continue their career in the UK. **PLAB Guide Academy** is dedicated to grow our delegates' professionalism from basic to the higher level and make them good competitors for future training posts in the UK. The Academy offers a platform to young doctors where they are educated, trained, and empowered with knowledge, skills, and professionalism to be able to step-up their value to the next level. Upon commencement of **our first CAP-UK batch**, I would like to extend my heartiest felicitations to the faculty and management team of the academy for their unflagging commitment to the cause of teaching and training. While launching **CAP-UK** I feel pride to be the director of leading academy and its team who are very keen to keep themselves and their delegates abreast with latest information and the skills required for starting a successful career as a doctor in the UK. I would advise the students to acquaint themselves with latest guidelines, knowledge, and skills for contributing towards progressive and prosperous healthcare profession.



Co-Director's Message



Dr Huma Batool

PLAB Trainer

We are thrilled to introduce the Career Ascend Program UK (**CAP-UK**), which is a meticulously designed, year-long intensive training program tailored for the ambitious final-year medical students in Pakistan. **CAP-UK** is more than just a course; it is a transformative experience aimed at elevating your medical career to international standards. This program offers an unparalleled blend of curriculum-based learning and real-world scenario training to prepare you for the Professional and Linguistic Assessments Board (PLAB) exam, a key stepping stone to practicing medicine in the United Kingdom. Our vision is not only to equip you with the necessary knowledge and skills but also to instill a sense of confidence and readiness as you transition from Pakistan's healthcare setting to the rigorous, patient-centered environment governed by the **General Medical Council** (GMC) in the UK. With CAP, you are not just ascending a career ladder; you're embarking on a journey to medical excellence. Joining this programme will help us stream your career from a developing country straight to developed country. This programme brings highly customised teaching and training to support your quick and easy progression despite your busy clinical schedule. After successful completion of this programme you will realise the joy of sleeping in your home country and waking up in the UK.



History & Excellence

Since its establishment, PLAB Guide Academy has remained a cornerstone of excellence in medical education, serving as a crucial link for doctors hailing from diverse international backgrounds seeking to integrate into the UK's healthcare system. Situated in Manchester, our academy specializes in comprehensive preparation for the Professional and Linguistic Assessments Board (PLAB) exams, essential for registration with the General Medical Council (GMC) in the UK.

With years of collective professional experience among our team and directors, we have thoughtfully crafted a curriculum that not only equips candidates for the PLAB exams but also familiarizes them with the elevated standards of patient care, ethical considerations, and professional conduct expected in the UK. Our immersive approach, featuring authentic medical scenarios and interactive role-playing sessions, distinguishes us and ensures that our trainees are not merely prepared for exams but also primed for practice.

The effectiveness of our program is evidenced by the multitude of doctors who have successfully passed their PLAB exams and are now esteemed members of the UK medical register. At PLAB Guide Academy, we are more than just a training institution; we are sculptors of the future for international healthcare professionals.

Faculty Introduction



Dr Rashad Raza
Chief PLAB Trainer



Dr Huma Batool
PLAB Trainer



Dr Hari Govind
PLAB Trainer



Dr Amr Ganem
PLAB Trainer



Faculty Introduction



Dr Dipendra Mandal
PLAB Trainer



Dr Amber Sultana
PLAB Trainer



Mr Dure Shahbaz
PLAB Trainer



Mr Haris Ali Maan
Manager



CAP-UK Programme

CAREER ASCEND PROGRAMME FOR THE UK



NEXT HEADINGS

Programme Structure: Flexible, online and in-campus

Mode of Delivery: Hybrid (online and in-campus)

Duration: 1-year

Application: online via email

Maximum Capacity: 100 candidates



CAP-UK Programme

Programme Structure

CAP-UK offers a comprehensive program tailored to support doctors from Pakistan in transitioning to professional practice in the UK. Our structured approach ensures thorough preparation and successful completion of each essential step in this journey.

Step 1: OET Preparation: In the initial phase, delegates focus on mastering the Occupational English Test (OET), a prerequisite for embarking on their UK medical journey. Our online delivery, overseen by experienced mentors, ensures personalized attention and continuous assessment through assignments to track progress effectively.

Step 2: PLAB-1 Training: The program progresses to preparing candidates for PLAB-1, also delivered online. Through regular assignments and assessments, our dedicated team guides delegates seamlessly through this phase, accommodating their ongoing internship or house jobs.



CAP-UK Programme

Programme Structure

Step 3: PLAB-2 Preparation: The critical step of passing PLAB-2, administered by the GMC in Manchester, follows completion of PLAB-1. Our specialized training combines online modules with in-person sessions at our Manchester campus, equipped with state-of-the-art facilities.

Step 4: GMC Registration and Beyond: Upon successfully passing the exams, candidates proceed to apply for GMC registration—a pivotal milestone preceding their application for clinical jobs and training posts in the UK. Our dedicated support team assists delegates throughout the GMC registration process, facilitating their transition into various medical specialties.

By navigating each step of the journey with expert guidance and tailored support, CAP-UK ensures doctors from Pakistan are fully equipped to embark on a successful career in the UK healthcare system.



CAP-UK Programme

Course Structure: Flexible, online and in-campus

Mode of Delivery: Hybrid (online and in-campus)

Duration: 1-year

Application: online via our website <https://plabguide.co.uk>,
or email to (admin@plabguide.co.uk)

Maximum Capacity: 100 candidates (per annum)



This includes:

1. OET fee
2. PLAB-1 fee
3. PLAB-2 fee
4. Entire journey from med school to GMC
5. One month accommodation in UK



Till: 15/04/24



CAP-UK Programme

Program Highlights:

- Tailored course curriculum designed for doctors transitioning from Pakistan to the UK.
- Ongoing support from enrollment to GMC registration, ensuring candidates feel supported every step of the way.
- Comprehensive preparation covering all four steps of the transition process, maximizing success rates.
- Dedicated PLAB-2 training program, including a 4 to 6-week stay in the UK for exam preparation.
- Expert guidance from experienced mentors and instructors, ensuring candidates are well-prepared for success.
- State-of-the-art facilities at our Manchester campus, providing an optimal learning environment for candidates' success.



CAP-UK Programme

Program Benefits:

- 1. Tailored Course Curriculum:** Our program is meticulously designed to cater to the specific needs of doctors transitioning from Pakistan to the UK. Each step of the journey, from OET preparation to GMC registration, is carefully structured to ensure comprehensive readiness.
- 2. Ongoing Support:** From the moment of enrollment until candidates successfully pass their PLAB-2 exam and obtain GMC registration, we provide continuous guidance and assistance. Our dedicated support team is readily available to address any queries or concerns throughout the process.
- 3. Comprehensive Preparation:** By offering support for all four steps of the journey, our program covers every aspect of the transition process. Candidates receive thorough training and resources to excel in each stage, maximizing their chances of success.
- 4. Focused PLAB-2 Training:** Candidates are offered a 4 to 6-week stay in the UK specifically for their PLAB-2 exam, with an additional week for post-exam support. This allows ample time for intensive preparation and familiarization with the exam environment, enhancing confidence and performance.
- 5. Expert Guidance:** Our team of experienced mentors and instructors are experts in the field, equipped with the knowledge and skills to provide effective guidance and support. They ensure candidates are well-prepared and equipped to meet the high standards expected in the UK healthcare system.
- 6. State-of-the-Art Facilities:** Our campus in Manchester is equipped with modern facilities and resources, providing candidates with an optimal learning environment. From interactive classrooms to simulated exam settings, we offer everything needed for a successful learning experience.



Frequently Asked Question

Q. Where are you based?

A. We are based in Manchester, United Kingdom. Our current registered address is
**239 Dickenson Road,
Longsight,
Manchester, M13 0YW.**

Q. Is PLAB Guide Academy authentic?

A. We are 100% authentic. Our business is registered in Companies House register with following details
PLAB GUIDE LIMITED
Company number 12942816

Our details can be confirmed by visiting the Companies House website using following link: <https://find-and-update.company-information.service.gov.uk/company/12942816>

Q. Do you have a website and other social platform?

A. Yes we have our

website <https://plabguide.co.uk>

facebook <https://www.facebook.com/plabguide.co.uk>

YouTube <https://www.youtube.com/channel/UCNno73mNLz-zOr2jLR3uwcg>

Frequently Asked Question

What is PLAB Guide Academy and what do you offer?

- PLAB Guide Academy is a premier institution dedicated to preparing overseas doctors for the PLAB exam and facilitating their transition into the UK healthcare system. We offer comprehensive courses covering all aspects of the PLAB exam, as well as clinical training, communication skills development, and guidance on working in the NHS.

Who can benefit from PLAB Guide Academy courses?

- Our courses are specifically designed for international medical graduates who are planning to take the PLAB exam and pursue a career in the UK. Whether you're a recent medical graduate or an experienced practitioner, our programs cater to individuals at all stages of their medical career.

What sets PLAB Guide Academy apart from other PLAB preparation providers?

- PLAB Guide Academy stands out for its holistic approach to PLAB exam preparation. In addition to comprehensive exam-focused training, we emphasize the development of clinical skills, communication abilities, and understanding of the UK healthcare system. Our personalized support and experienced instructors further enhance the learning experience for our students.

Are PLAB Guide Academy courses available online or only onsite?

- PLAB Guide Academy offers both onsite and online courses to accommodate the diverse needs of our students. Our onsite courses are conducted in select locations, including Lahore and Karachi in Pakistan, providing hands-on training and interactive learning experiences. Meanwhile, our online courses offer flexibility and accessibility for those unable to attend in-person sessions.

Frequently Asked Question

There are many doctors who managed to pass PLAB and get jobs without enrolling into such programme as CAP-UK, then why should I join this?

You are right in saying that however CAP-UK is a very specialised, flexible and highly customised programme. Traditionally most of the doctors have come or, and still coming using the non-programmed approach and passed their exams, but most of them are those who do not have any career guidance and they start working on their career too late after they are done with many years of post graduate practice. Many of them end up doing exams which have very minimal practical scope in the real practice. They end up wasting huge amount of very precious time. By enrolling into CAP-UK, you will work closely with our mentors and they will be able to help you pass your exam or closer to that by the time you finish your house-jobs.

Our aim is to train you all during your house-job without wasting time that by the end of your internship you are done with your exam, hence instead of looking for a job locally, you should actually be able to apply for a clinical job role in the UK.

How does PLAB Guide Academy support its students beyond exam preparation?

- Beyond exam preparation, PLAB Guide Academy is committed to supporting our students throughout their journey into UK medicine. We provide guidance on the registration process, assistance with visa applications, and ongoing support via platforms like WhatsApp. Our aim is to ensure a smooth transition and successful integration into the UK healthcare system for all our graduates.

Can PLAB Guide Academy help with clinical placements or job opportunities in the UK?

- While PLAB Guide Academy does not directly offer clinical placements or job placements in the UK, we provide guidance and resources to help our students navigate these aspects of their career journey. Our network of alumni and industry contacts can also be valuable resources for accessing opportunities in the UK medical sector.





GALLERY

Connect the dots to learn our
success stories

PLAB GUIDE ACADEMY
MANCHESTER









Happy faces

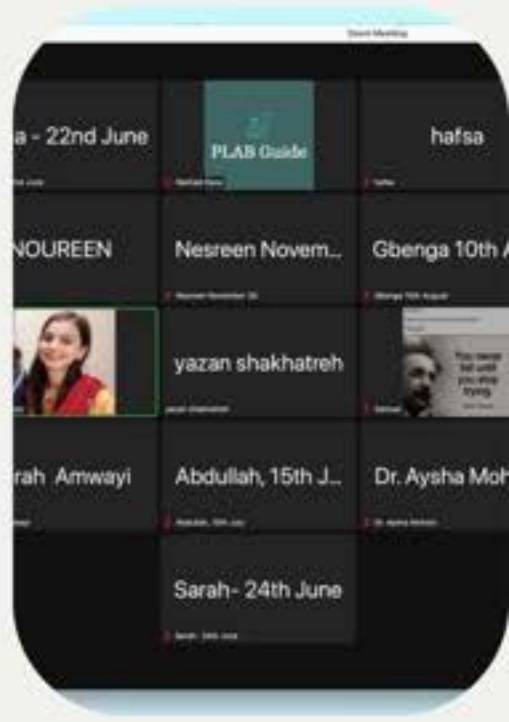
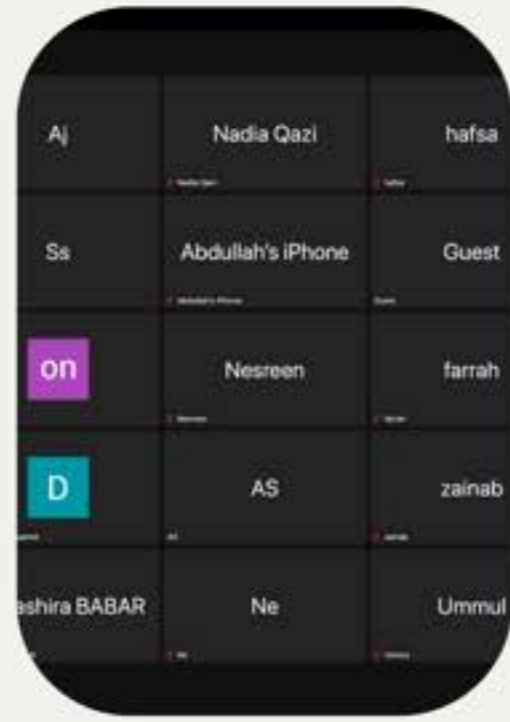
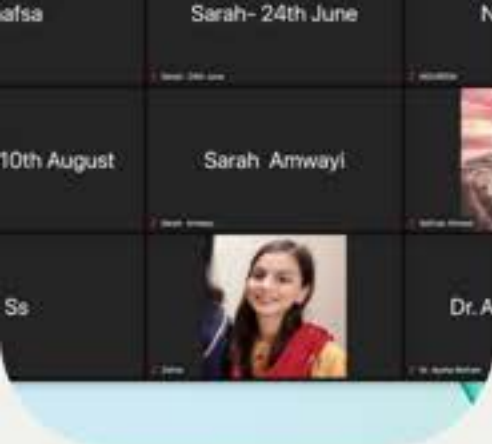


Guide A
 A minimum score of 50 was required to pass

Date gathering, technical and assessment Skills	Clinical management Skills	Interpersonal
Your Score (Maximum 4)	Your Score (Maximum 4)	Your Score (Maximum 4)
4	4	2
2	3	2
1	2	2
2	3	2
4	3	2
2	3	2
2	3	2
1	2	2
2	3	2
2	3	2
1	2	2
2	3	2
4	3	2
1	2	2
30	32	27

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love and joy



Our memories

PLAB-1 Course

Comprehensive MCQs and Notes

Our PLAB1 preparation course offers an extensive collection of high-quality Multiple Choice Questions (MCQs) and comprehensive notes. These resources cover all key topics tested in the PLAB1 exam, ensuring that students have a solid foundation in the essential medical knowledge required for success.

Expert Guidance

As experts in providing PLAB2 training, we bring a wealth of experience and knowledge to the PLAB1 preparation process. Our instructors are well-versed in the PLAB exams' intricacies and can provide valuable insights and guidance to help students excel in PLAB1.

Integrated Journey

We offer a seamless educational journey for aspiring doctors, starting from PLAB1 and continuing through to GMC registration. Students can trust us to support them at every stage of their career progression, providing a clear and reliable path to becoming licensed doctors in the UK.

Weekend Teachings

Recognizing the busy schedules of our students, we provide weekend teaching sessions. This flexible approach allows working professionals and those with other commitments to access our courses and benefit from our expert instruction.

Holistic Approach

Our PLAB1 course doesn't just focus on test preparation. We emphasize a holistic approach that includes not only exam readiness but also the development of strong clinical skills, communication abilities, and an understanding of the UK healthcare system. This comprehensive approach ensures that our students are well-prepared for their medical careers in the UK.



PLAB-2 Full Course

PLAB 2 Foundation course is set for the beginners to start their preparation with our expert team without spending huge amount of money. It helps you to build very strong foundations for the final preparation of PLAB 2 exam. In our course you will find extremely helpful knowledge which will not only help you pass your exam but also help you working with confidence after passing your exam.

We have created nearly 400 different scenarios and arranged them in different categories so that our subscribers could get maximum benefit. Our course is extremely organised and the use of advance technology offers you a lot of benefits which will help you keep a good control on your preparation.

If you want to learn everything for PLAB2 preparation, you can choose to subscribe for this course. This course enrolls you in our PLAB2 Foundation Course and PLAB2 Smart Course and gives you access to all our activities. By choosing this course you will get full access to the following:

1. PLAB2 Foundation Course

- a. 12-days teaching and training starting from scratch
- b. Access to online notes and recorded sessions
- c. Supervised practice with excellent feedbacks
- d. Pay once only
- e. Unlimited sessions

2. PLAB2 Smart Course

- a. High-Standard Simman Workshops
- b. Mannikins and clinical examinations
- c. Supervised practice on high-yield scenarios
- d. Carousel mocks
- e. Prescription writing
- f. Teaching scenarios
- g. Special session on NEW STATIONS
- h. 24/7 access to the academy practice area
- i. Two high-standard mocks
- j. Post PLAB support
- k. CV writing and help with job applications
- l. Interview preparation



PLAB-2 Smart Course

This course provides everything that you need and the course is structured in a way that our delegates could benefit from Simman Hands-on Workshop, Mannikins and Clinical Examinations, Prescription Writing, and practice on the recently tested scenario themes.

High Definition Teaching Videos

- Get access to high-quality teaching videos on Mannikins and full recorded session of Simman workshop.

Simman Workshop

- Spend full day with us every Monday and learn how to score 12/12 in your Simman stations on our High-Fidelity real Simman.

Mannikins Workshop

- Learn all the clinical examinations and Mannikins in two days Mannikins workshops every Tuesday and Wednesday as well as perform under the supervision of our expert tutors.

Prescription Writing

- Learn all the prescription scenarios which are also provided online. Learn from our expert tutors and learn directly from them. All the prescription scenarios are up-to-date and covered.

Recalls

- We cover all the recalls which are coming commonly and are likely to come in your exam. We spend three days in teaching and practising high-yield scenarios so you are fully covered.

High Standard Mocks

- We offer high standard mocks with detailed GMC style mark sheet and detailed feedbacks on your performance. We are the only academy that offers full recording of your performance of all mock stations so that you could assess yourself and learn from your mistakes.

Pay Once Only

- Once enrolled, you can get access to all our resources, and practice in the academy till you pass your exam.

Unlimited Support

- Our support is never ending even after you pass your exam. We are always happy to help you with CV writing and job applications. We provide unlimited career guidance. We continue our support with you till you secure a job.



Simman and Mannikins Course

Description: Our SimMan and Mannikins course is meticulously designed to provide you with comprehensive training on utilizing simulation technology effectively in medical practice. Over the course of three days, you will delve into both theory and practical application, ensuring you develop the necessary skills and confidence to excel in your clinical assessments.

Day 1: SimMan Practice and Teaching The first day of the course is dedicated to immersive SimMan practice and teaching. Through hands-on sessions with our state-of-the-art SimMan simulator, you will engage in realistic medical scenarios designed to replicate the challenges you may encounter in clinical settings. Under the guidance of our experienced instructors, you will learn how to effectively manage patient care, enhance communication skills, and refine your clinical decision-making process.

Days 2-3: Mannikins Workshop The subsequent two days are focused on our Mannikins workshop, where you will further hone your clinical skills using anatomically accurate models. Through interactive workshops and case-based discussions, you will learn essential techniques for conducting physical examinations, mastering procedural skills, and improving patient outcomes. Our instructors will provide personalized feedback and guidance to help you refine your technique and achieve proficiency in various clinical procedures.

Key Highlights:

- Practical hands-on experience with SimMan and Mannikins
- Realistic simulation scenarios to enhance clinical decision-making
- Personalized feedback and guidance from experienced instructors
- Opportunities for collaborative learning and peer-to-peer interaction
- Integration of evidence-based practice and clinical guidelines into simulation training

Join us for our SimMan and Mannikins course and take your clinical skills to the next level. Whether you are preparing for licensure exams or seeking to enhance your clinical practice, this course offers invaluable opportunities for professional development and growth.



Integrated Clinical Mastery for GMC Exams

Specially crafted for Overseas Doctor

Introducing our groundbreaking Integrated Clinical Mastery for GMC Exams - the ultimate solution for overseas doctors aiming to excel in UK medical exams! Designed with precision and tailored to meet the rigorous standards set by GMC, our comprehensive course stands unrivaled in its approach.

Unlock your potential with a curriculum meticulously crafted to encompass the core components of five pivotal exams: **MRCS part-b, MRCP PACES23, MRCEM OSCE, PLAB part-2, and MRCOG part-3**. We've taken the complexity out of preparation by consolidating essential content into one cohesive program, saving you time and effort.

Here's what sets us apart:

- 1. Holistic Coverage:** Our course spans across major clinical areas, providing a thorough preparation for each exam, ensuring you're equipped to tackle any challenge with confidence.
- 2. Expert Guidance:** Led by seasoned professionals, our instructors bring a wealth of experience and knowledge, offering invaluable insights and personalized support throughout your journey.
- 3. Tailored Approach:** Recognizing the unique needs of overseas doctors, we've tailored our curriculum to address common hurdles and bridge any gaps in understanding, ensuring you're primed for success.
- 4. Practical Application:** Embrace hands-on learning through simulated scenarios and role-play exercises, allowing you to hone your skills in a supportive environment and build real-world competence.
- 5. Pathway to Success:** With our course as your compass, you'll navigate the complexities of UK medical exams with ease, paving the way for a seamless transition into the British healthcare system.

Don't just prepare for exams – master them with confidence and finesse. Join us on the journey to achieving your dreams of practicing medicine in the UK. Enroll in our Integrated Clinical Mastery for GMC Exams today and embark on a path to professional excellence!

